



Welcome to the 2017 Third Quarter Newsletter for Houston **Beagle** Rescue!

Houston **Beagle** Rescue –

The second quarter of 2017 yielded only 25 adoptions. Unfortunately there are times the adoption doesn't work out, so the numbers may not reflect the return and the re-adoptions.

If you are just starting to get this Newsletter, that means you recently adopted. We hope you enjoy our Newsletter and if you ever have any comments, suggestions or questions – we would love to hear from you.

HBHR, first and foremost, cares about the **Beagles** they have rescued. This doesn't end once the adoption has been finalized. If there are problems, we want to know. If you have to give up your **Beagle**, we need to be your first contact. If your contact information changes, we need to know right away. And ALWAYS, ALWAYS, ALWAYS keep your **Beagle's** collar and tags on with your contact information.

The **Beagles** do have ONE important question for you:

If by donating the cost of one restaurant lunch per month, you could help us save another **Beagle's** life – would you do it? There are hundreds and hundreds of adopters that have adopted from HBHR over the years but very few that donate to keep us going. We're just asking for the cost of one lunch per month.

If you can find it in your heart to do that, please go to the front page of the HBHR website: <http://houstonbeaglerescue.org/index.php> and right there on the upper right side of the page you can sign up.

The **Beagle** Corner –

This is where we tell you things to help you understand your **Beagle** a bit better.

The **Beagles** would like us to talk to you about separation anxiety. It helps to know that dogs live in the moment. They don't think about what they did yesterday and what they are going to do tomorrow. So they do not understand that you are leaving now but are going to return later. What is a "later" they ask.

Separation anxiety is a complicated issue and it takes dedication on your part to work with your **Beagle** and get them to understand. Every **Beagle** is different though and what works for some may not work for others but there are solutions. Most importantly, it's not just a **Beagle**

issue – it's a family issue and it takes everyone's dedication to find a solution.

Need help? Let us know – that's what we're here for!!

Next the **Beagles** wanted us to talk to you about health and fitness. Let's be honest, free feeding and not measuring is soooo much easier. But then you turn around one day and your **Beagle** is obese. Not fat – OBESE! Look at it this way – if you are supposed to weigh 150 lbs. and you weigh 200, it's the same as a **Beagle** that is supposed to weigh 25 lbs. weighing 33 lbs. Think about that for a second!

If you feel the sides of your **Beagle**, can you feel the ribs under the surface? Or is there a big layer of fat on top of those ribs? After the ribs end and before the hips, is there a nice indentation? A nice waist line?

How much are you feeding your **Beagle**?

First, please understand when we see an overweight **Beagle**, the first questions we will ask their person is how much are you feeding them? And what are you feeding them? If the answer is "I put the food in the bowl and leave it for them but they seldom finish it – they're not big eaters". That's a big problem.

If what they're feeding them is not a PREMIUM DOG FOOD that will tell us a lot about the general health of the **Beagle**. It's like a choice of feeding your two legged family members fast food or cooking them a nutritious meal. Premium food is meat based, not meat by-products, corn, or other fillers. Rule of thumb: 1/2 cup of dry food twice per day for a 13" **Beagle**; 2/3 cup of dry food twice per day for a 15" **Beagle**.

Just can't bear the thought of giving your **Beagle** plain dog food day after day – Exactly what the **Beagle** was thinking!! Here's an example of what is healthy and won't pack on the pounds: a dollop of LOW FAT Cottage Cheese mixed with the dry food. Or a dollop of cooked brown rice mixed with the food.

Just got to give them some meat? Boil either ground turkey, ground chicken or the leanest cut of ground beef (like chuck or sirloin). Drain well – get all the fat off!! Mix a dollop of ground meat with their dry food. Something really exciting: Mix the boiled ground meat with equal part of brown rice. What the most important about this great idea? MODERATION!!

If you ever think your **Beagle** will self-regulate themselves regarding intake then your **Beagle** is smarter than you. We promise that if you MEASURE the correct amount your **Beagle** should be fed and feed them good quality food twice per day, you will not have a problem.

Just like with two legged children – LIMIT THE SNACKS!! NO, your **Beagle** does NOT need a taste of your morning bacon, egg, pancake, bagel, etc. You get the message. Do not listen to the **Beagle**.

You say the problem is your **Beagle** just does not get enough exercise but you take them to the dog park on a regular basis and all they do is stand there. Most **Beagles** do not like dog parks unless there is another **Beagle** to hang with.

A quick walk around the block would do you both good. But the **Beagles** do ask that you

remember they are dogs. Dogs like to sniff – it's how they explore their world. A dog lives in the human world 24/7 and lives by human rules – why can't the walk be about them being a dog and exploring their world for a change? That message was provided by all the dogs of the world who would just like to smell.

Speaking of smells – you know how you get the news of the day by reading the paper or watching the evening news? Your **Beagle** gets their news by smelling. From smelling the scent of another dog, they can tell if it's a male or female, young or old, sick or well, and all the other pertinent info that a dog needs to know. The human nose has about five million scent receptors. A **Beagle** has about 220 million.

Happenings –

HBHR holds a Meet & Greet every month. Please check the website for details. We always have some great **Beagles** looking for great homes. When you adopt a rescue dog, you are saving two lives – the **Beagle** you adopt and the one who can come into the rescue because an opening has been made.

Before you know it, calendar time will be here. Just a reminder to take some cute pictures of your **Beagle**.

If you and your **Beagle** joined us for the annual BYOB held in May, we were sooooo happy you did. We had around 70 **Beagles** there and who knows how many humans. Yes, it was HOT but thankfully we had the air conditioned space also. Next year, it will be earlier in the year before the heat sets in. We all had a great time and hope to see you next year.

The Dog Show is next week (Thursday through Sunday) at NRG Stadium. If you're out and about, come by and say hello.

We're hoping to do another Bingo event in the Fall or maybe Bowling. The **Beagles** have it on their list of things to think about and will send out invitations once they figure it out.

Beagle Thoughts and Wisdom –

I sit on concrete, damp and cold
Passed by simply because I'm "old"
But a face that's grey
And cloudy eyes
Can well conceal
The youth inside
For though old age
May make me frail
The years don't age the soul
I'm still quite young
At heart you see
For no one's told me
That I'm "old".

**THANK YOU FROM EVERYONE AT HOUSTON BEAGLE
RESCUE – ESPECIALLY THE BEAGLES!!!**